

The ZMM CONNECTION

NEWSLETTER

October 2022

“Building a Better World for Women and Girls”

Vol. 1 Issue 4

**Zonta Club of Mid-Maryland
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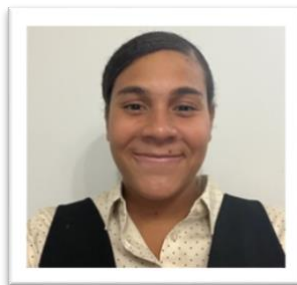
**Mailing Address: P.O. Box 187
Glenn Dale, MD 20769**

Zonta Club of Mid-Maryland - General Body Meeting on
Thursday, October 13, 2022, at 7:00 pm via Zoom.

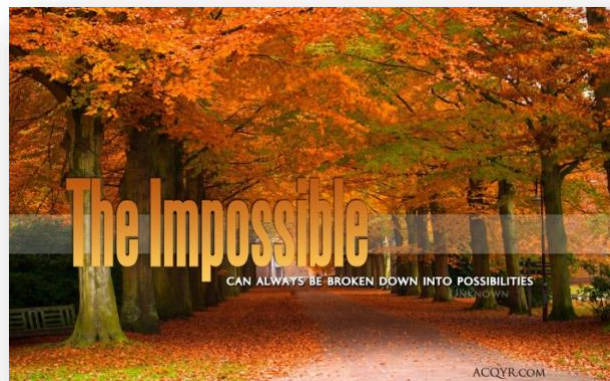
Be There or Be Square!

[ZMM October General Body Meeting Link](#)

Meeting ID: 391 372 1009
Passcode: 157203



Stay tuned for an exciting and informative meeting. Guests are welcomed to attend the meeting. We will have a dynamic guest speaker, Ms. Hayley Brown, who will share her story as we recognize Breast Cancer Awareness month. Ms. Brown is the new *Director of Programs & Partnerships at TOUCH, The Black Breast Cancer Alliance*. As the daughter of a survivor and caregiver (of Ricki), Hayley has transformed her experience as a successful primary urban school educator to a breast cancer advocate. Her strengths in managing difficult learning styles with passion, patience, commitment, and excellence translate well in breast cancer program and partnership development and management. Hayley holds a B.A. Degree in Philosophy and Mandarin from Dartmouth College, and a Master’s in Education from Relay Graduate School in Washington, D.C.



Message from the ZMM President



Greetings ZMM Members,

We are officially in the Fall Season. As we transition into this month, we recognize that October is Breast Cancer Awareness and Domestic Violence Awareness Month.

Breast Cancer is the second most common cancer among women in the United States. This month the Fundraising Committee has committed to spreading the word by gifting Breast Cancer Awareness hats with our logo for a suggested donation of at least \$20.00. I challenge each Zonta Mid-Maryland member to donate and get your hat as well as reach out to three people you know. We need the support of all our Zontians. A portion of our proceeds will be donated to Susan G. Komen Foundation and the rest will help support our Service projects. While we are accepting the challenge to bring awareness to others, we further challenge you to communicate the importance of scheduling a yearly mammogram to as many women as possible.

Domestic Violence Awareness Month (DVAM) evolved from the “Day of Unity” in October 1981 observed by the National Coalition Against Domestic Violence. The intent was to connect advocates across the nation who were working to end violence against women and their children. The Day of Unity soon became an entire week devoted to a range of varied and diverse activities conducted at the local, state, and national levels. During the month we mourn those who have died because of domestic violence, celebrate those who have survived, and connect with those who work to end violence. In October 1987, the first Domestic Violence Awareness Month was observed. That same year marks the initiation of the first national domestic violence toll-free hotline.

— *Adapted from the 1996 Domestic Violence Awareness Month Resource Manual
National Coalition Against Domestic Violence*

Yours in Service and Advocacy

A handwritten signature in black ink, appearing to read "Nicole Barnes".

Nicole Barnes
President
Zonta Club of Mid-Maryland

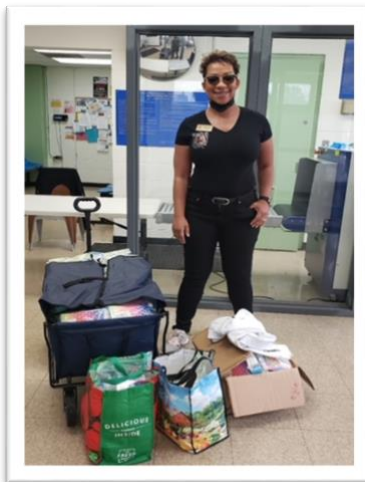
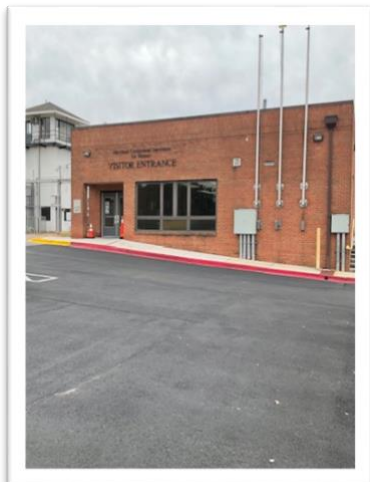


ZMM Making a Difference. . .

ZMM's efforts to support the Women Moving Forward (WMF) Conference through this fall's Incarcerated Women Service Project was a labor of love.

The first WMF Pre-Release Conference was held in partnership with the Maryland Correctional Institution for Women (MCIW) in the Fall of 2008 and continues to be held annually. The conference was initiated by the National Association of Women Judges (NAWJ), the nation's leading voice for women jurists dedicated to ensuring equal justice and access to the courts for women, minorities, and other historically disfavored groups. The goal of this annual conference is to provide approximately 150 women who are within 6 to 9 months of release with resources and information necessary to support their successful return to the community.

This year ZMM teamed up with MCIW and provided 100 "Goodie Bags" to Ms. Virginia Ngugi, MCIW volunteer coordinator. Thank you to the Zonta Club of Annapolis for providing additional gifts to include in the bags. Kudos to Zontians Alice Ross, Nicole Barnes, Denise Dobson McDonald, Erma Barron, and Carol Gardner for their hard work and dedication.



**Pictures courtesy of President Nicole Barnes and 2nd VP Denise Dobson McDonald*

Zonta Club of Mid-Maryland Breast Cancer Awareness Fund Raising Initiative



A CALL TO ACTION!

October is Breast Cancer Awareness Month!

Did you know that every 14 seconds, somewhere in the world, a case of breast cancer is diagnosed; For women in the U.S., breast cancer death rates are higher than those for any other cancer, besides lung cancer; About 85% of breast cancers occur in women who have NO family history of breast cancer – these are sobering statistics. Chances are that you know one of those women who have been affected by breast cancer in their lifetime. Consider your efforts to collect donations as a powerful tribute to them.

Education is the key to prevention! We really need to better understand the causes of breast cancer and better ways to prevent and treat and cure it.

We ask that you reach out to your friends, family, and colleagues to share this great opportunity to support a very important cause. We can make a difference! Those individuals who donate, will be gifted with a beautiful cap (pictured above) that serves as a reminder of their support for this amazing cause.

Donations are due by October 31, 2022. A recommended minimum of \$20 is suggested, but all donations are welcome and appreciated.

Be on the lookout for more information from the ZMM Fund Raising Sub-Committee, led by Zontian Stanita Scott.



Show your support and shine a light on Domestic Violence

This event is sponsored by the Prince George's County Police Department, Special Crimes Division Domestic Violence Unit, and Westphalia Division VIII Community Engagement Unit.

The event will be held outside, so please dress for the weather.

IN CASE YOU MISSED IT



District 3
Maryland, New Jersey, New York, Pennsylvania, Virginia, Washington, D.C., USA

Governor
Lisa Burton
Zonta Club of New Rochelle,
New York, USA

Updates From District 3

TOMORROW!!! On October 1st District 3 will host a webinar which will feature a regional conversation entitled *Human Trafficking- Hidden in Plain Sight*. This is a Human Trafficking 101 which will cover the following:

What is Human Trafficking

Discussion about the various aspects of Human Trafficking and the myths surround who and what is human trafficking.

Hidden in Plain Sight

Panel discussions about Red Flags.

What can you do?

Action steps for healthcare providers, teachers, parents, doctors, teens, community members etc.

The topic of human trafficking is relevant throughout the country especially for communities such as ours that are convenient to airports, interstate train travel and major highways. Speakers include nationally recognized advocates and survivors. Our co-sponsors include the NJ Coalition Against Human Trafficking, Hope's Door, The Maryland Human Trafficking Task Force and Fresh Waters.

Registration Link

<https://www.eventbrite.com/e/421891277167>

The fee for this event is \$10 per person. We welcome additional donations to defer cost and support discounts for our high school and college students.

Please share the information with your network.

ZMM MEMBER MEET UP!
Friday, November 11, 2022, 6pm – 8pm



Important Dates & Deadlines

- **October 1, 2022** – District 3 Governor’s Event
 - “Human Trafficking-Hidden in Plain Sight
- **October 5, 2022** – ZMM Executive Board Meeting
- **October 13, 2022** – ZMM General Body Meeting
- **October 15, 2022** – Prince George’s County Police Department Domestic Violence Unit – Domestic Violence Awareness Community 5K Walk/Run
 - 8am – 11am, Fairwood Community Park & Amphitheater, Registration Eventbrite
- **October 26, 2022** – Domestic Violence Awareness Candlelight Vigil
 - 6pm, Westphalia Division VIII, 88803 Police Plaza, Upper Marlboro, MD
- **November 2, 2022** – ZMM Executive Board Meeting
- **November 10, 2022** – ZMM General Body Meeting
- **November 11, 2022** – ZMM Member Meet Up!
- **November 25, 2022** – District 3 Zonta Orange the World.
- **December 7, 2022** – ZMM Executive Board Meeting
- **December 15, 2022** – ZMM General Body Meeting
- **December 10, 2022** – 16 Days of Activism- November 25 –
- **March 8, 2023** - Zonta Rose Day/International Women’s Day –
- **June 30 - July 2, 2023** – North American Inter-District Meeting- Indianapolis
- **October 6 – 8, 2023** – District 3 Governor’s Conference –
- **June 2024** – 66th Zonta International Convention - Brisbane, Australia



*The ZMM Membership Committee welcomes your feedback.
Please email ZontaMMTEdwards@gmail.com*